














Orario Smiledance & Fitness Stagione 2021/2022

 Abbonamento Academy |  Circuito Smile – Abbonamento illimitato | **S1** – Sala 1 | **S2** – Sala 2 | **S3** – Sala 3

Orario	Lunedì	Martedì	Mercoledì	Giovedì	Venerdì
10:00-11:00			 Smilezumbadance-S1		
16:00-17:00	SDF OLTRE-S1	SDF Step 1-S1		SDF OLTRE-S1	SDF Step 1-S1
17:00-18:00				Tessuto-S2	
17:30-18:30	HERO Academy / Kick Box - S3		HERO Academy / Kick Box - S3		
18:00-19:00		Pole Dance-S2  Classica propedeutica-S3		Cerchio-S2  Classica propedeutica-S3	Pole Dance-S2
18:30-19:30	 Smileacademy Danceacademi S1  Pilates-S3	Baby Move-S3 SDF Step 1-S1	 Smileacademy Danceacademi S1  Pilates-S3	Baby Move-S3 SDF Step 1-S1	
19:00-20:00	Pole Dance-S2	Cerchio-S2	Pole Dance-S2		
19:30-20:30	 Functional Workout-S1	SDF OLTRE-S1	 Functional Workout-S1	SDF OLTRE-S1	
20:00-21:00	Cerchio-S2		Cerchio-S2		
20:30-21:30	 Smilezumbadance-S1	Tessuto-S2	 Smilezumbadance-S1		
21:00-22:00				Danza del Ventre-S3	
21:30-22:30	SDF OLTRE-S1	SDF Step 1-S1	SDF OLTRE-S1	SDF Step 1-S1	