



Orario Smiledance & Fitness Stagione 2021/2022

 Abbonamento Academy |  Circuito Smile – Abbonamento illimitato | **S1** – Sala 1 | **S2** – Sala 2 | **S3** – Sala 3

Orario	Lunedì	Martedì	Mercoledì	Giovedì	Venerdì	Sabato
9:30-10:30						
10:00-11:00	SDF2 Livello Avanzato-S1		SDF2 Livello Avanzato-S1			
10:30-11:30						 Functional Power-S1
11:00-12:00			 Smilezumbadance-S1			
16:00-17:00	SDF2 Livello Avanzato-S1		SDF2 Livello Avanzato-S1			
17:00-18:00		Baby Move-S1		Baby Move-S1		
17:30-18:30	 Smileacademy-S1 HERO Academy-S3		 Smileacademy-S1	HERO Academy-S3	 Smileacademy-S1	
18:00-19:00		 Classica propedeutica-S2		 Classica propedeutica-S2		
18:30-19:30	 Step-S1  Danceacademy-S2  Pilates-S3	SDF Step 1-S1  Circuito Funzionale-S2	 Step-S1  Danceacademy-S2  Pilates-S3	SDF Step 1-S1  Circuito Funzionale-S2	 Danceacademy-S1	
19:30-20:30	 Functional Training-S3	SDF Step 1-S1  Kick Boxing-S3	 Functional Training-S3	SDF Step 1-S1  Kick Boxing-S3		
20:00-21:00	 Smilezumbadance-S1		 Smilezumbadance-S1			
20:30-21:30		SDF2 Livello Avanzato-S1		SDF2 Livello Avanzato-S1		
21:00-22:00	SDF2 Livello Avanzato-S1		SDF2 Livello Avanzato-S1			
21:15-22:15				Danza del Ventre-S3		